

GO GREEN! Rather than printing these notes, we suggest saving this PDF file on your smartphone. Not only is it more environmentally friendly, but it also means these notes are always at hand!

Roadrunner Accommodated

2 days/1 night

Short on time but want to get your Canada in? Then take our one-way trip from Vancouver to Banff, for a quick tour into the Rocky Mountains. The 2 day Roadrunner tour takes you through the Coast Mountains, into the Okanagan Desert and along Okanagan Lake where we'll try Indigenous cuisine! As we continue eastward you'll experience the stunning and diverse landscapes of beautiful British Columbia, before we cross into Alberta and finish right in the heart of the Canadian Rockies – Banff!



Note: the Roadrunner is the first 2 days of the 8 day Caribou tour. Some of your fellow travellers will have already travelled together before you join them, and some will be continuing on towards Jasper after you finish.

Highlights

- Get married at Bridal Veil Falls (marriage optional)
- See the town of Hope where First Blood (Rambo) was filmed
- Go for a paddle on Skaha Lake in the Okanagan Valley
- Hang out in Kelowna, along Lake Okanagan. Watch out for the Ogopogo lake monster!
- Try out your Scottish accent at Craigellachie
- Finish your tour in Banff, in the heart of the Rocky Mountains

What's Included

- 1 night mixed gender, hostel dormitory style accommodation
- Moose Bus transportation
- Services of a professional & fun tour guide/driver
- Paddleboarding on Skaha Lake
- 1 dinner, an Indigenous cuisine meal
- 1 breakfast
- National Park fees

Itinerary

Day 1: Vancouver to Kelowna

The desert is calling! To begin our adventure, we're going east through the Fraser Valley, where we'll take a short walk through a West Coast rainforest to Bridal Veil Falls. Then, we'll traverse the Coastal Mountains, stopping at Lightning Lake in Manning Park at lunchtime. The semi-arid desert grasslands of the Okanagan are next on our itinerary, where we'll go paddle boarding on the beautiful Skaha Lake. We'll be replenishing ourselves with a special dinner at Kekuli Café in Westbank, where you'll get to try Indigenous cuisine, before settling in for the night on Lake Okanagan in Kelowna.

Activity Inclusions: Paddle boarding on Skaha Lake

Meal inclusions: Indigenous cuisine dinner

Moose Accommodation: Samesun Kelowna

Day 2: Kelowna to Banff

Being a little greedy with mountain ranges today, crossing not one, not two - but three of them, as we travel through four National Parks towards Banff! We'll stop in Revelstoke where you can go lake kayaking or simply enjoy the beautiful mountain scenery. Finally we'll enter the Rocky Mountains and cross over the Kicking Horse Pass into Alberta and Banff National Park, spending the night in the historic town of Banff itself, right in the heart of the mountains.

Note: during April/May and from mid-September onwards, we will cross over the Vermillion Pass to enter Alberta and Banff National Park.

Meal Inclusions: Breakfast at Samesun Kelowna

Moose Accommodation: There is no accommodation included tonight. You will need to make your own arrangements.

Joining Your Trip

Vancouver

We pick up from the following hostel locations in Vancouver on Day 1 of this tour. Please be ready and waiting in the hostel lobby 15 minutes prior to your scheduled pick up time.

Hostel Name	Pick Up Time	Hostel Address
HI Vancouver - Jericho Beach	07:30	1515 Discovery St, Vancouver
HI Vancouver - Downtown	07:50	1114 Burnaby St, Vancouver
Cambie Hostel on Seymour	08:00	515 Seymour St, Vancouver
Samesun Vancouver	08:10	1018 Granville St, Vancouver

NOTE: if you are staying anywhere else in Vancouver, you will need to make your own way to one of these locations. We recommend joining the tour at the Samesun where the Moose office is located.

Finishing Your Trip

Banff

On the final day of the tour, we drop off at all of the hostel locations in Banff listed below. If you are staying elsewhere, you will need to make your own way there from one of the below locations. Under normal circumstances, this is a long day, and you may not arrive in Banff until 9pm.

Hostel Name	Hostel Address
HI Banff Alpine Centre	801 Hidden Ridge Way, Banff
YWCA - Y Mountain Lodge	102 Spray Ave, Banff
Samesun Banff	433 Banff Ave, Banff

NOTE: we strongly recommend that you DO NOT book onward travel on the final day of the tour, since traffic or other unexpected circumstances may cause delays.

Accommodation

We know that a good night's sleep is important, especially after a busy day of travelling with lots of fun activities. We choose hostels and backpacker properties that offer budget value, as well as great facilities, and a welcoming atmosphere.

On an accommodated tour all your accommodation is included for the standard nights of the trip, at a Moose discounted rate. You'll be staying in mixed gender hostel dorm rooms. By staying in shared rooms you get a chance to meet more people, hang out with other Moose travellers, and have paid less than you would booking a private room or hotel.

NOTE: if you wish to stay in gender-specific dorm rooms, you can request this at the time of booking. Our hostel partners will try to accommodate your request, but we cannot guarantee it will be possible.

Accommodation Locations

Day & Location	Hostel Name	Address	Phone Number
Day 1: Kelowna	Samesun Kelowna	245 Harvey Ave, Kelowna	+1 250 763 9814
Day 2: Banff	none ¹		

Notes:

1. You will need to make your own reservation for the final night of the tour.

Do I Ever Need To Book My Own Accommodation?

You ONLY need to make your own reservation for your pre-tour nights in Vancouver & post-tour nights in Banff.

Daily Departure Times

We depart from the included accommodation at the following times on each day of the tour:

Day & Location	Hostel Name	Departure Time
Day 1: Vancouver	See Joining Your Trip section above	
Day 2: Kelowna	Samesun Kelowna	08:00

Meals

Your included meals are listed in the **What's Included** section above. Included meals do not include beverages, except for free tap water, and as such, you will need to purchase your own drinks.

Speaking of tap water, it's clean and safe to drink almost everywhere in Canada, unless specifically noted at the water facility. We strongly encourage you to bring a reusable water bottle that you can refill from a tap, rather than purchasing disposable plastic water bottles that contribute to pollution. A reusable coffee or tea mug is also a great idea!

To help you save money, we make grocery stops almost every day so you can self-cater, and all of the hostels we stay at have kitchens that are available for Moose use (that rhymes!) As such, you can prepare your own breakfast or dinner at the hostel if it's not already included. On occasion, your Moose guide may organize an optional group dinner, where you can choose to pitch in a few dollars, and then help with cooking or clean up. It's fun and inexpensive! Or they may suggest an optional group dinner at a good value local restaurant. On travel days, lunch will typically occur en route. Your Moose guide will either stop in a town where you'll have several options for lunch, or you will stop in the morning to pick up lunch supplies for a picnic in the wilderness later in the day. Remember, don't feed the wildlife!

We recommend budgeting approximately CAD\$20 to \$40 per day for non-included meals. Restaurants will be more expensive, and remember to account for Canadian tax (5%) and tip (15-20%). Note that alcohol in the Province of BC is also subject to an additional 10% tax.

Transportation

Our buses are safe and comfortable mini-coaches, seating anywhere from 11 to 24 people. They have extra large windows for catching all the great views, air-conditioning and heating to keep cool or warm, and a sound system to keep the tunes rolling!

Optional Activities

Why not enhance your trip by participating in one of the below adventure activities during your tour? No need to book ahead. Your Moose guide will give you more information during the tour. But please budget for them if you are interested!

The optional activities listed below are not operated by Moose, except for the free hiking, swimming and wildlife spotting activities. Moose arranges the activity as an agent of the local supplier. If you choose to participate in an optional activity, your contract will be with the activity provider and their conditions will apply. Some activities are seasonal, weather dependent, or require minimum numbers to participate.

NOTE: the prices and activities listed below are approximate and subject to change.

ACTIVITY	APPROX. COST (CAD)	LOCATION
Hiking, swimming, wildlife spotting	Free	Various locations
Stand Up Paddleboarding	Included	Penticton (en route to Kelowna)
Lake kayaking (2 hrs)	\$60	Revelstoke (en route to Banff)
ACTIVITIES THAT ARE AVAILABLE AFTER YOUR TOUR FINISHES IN BANFF		
White water rafting (4 hrs, includes BBQ lunch)	\$135	Banff
Horseback riding (from 1 - 3 hrs)	from \$61	Banff
Banff Gondola	from \$64	Banff
Banff Upper Hot Springs Pool	\$8	Banff
Bike rentals	from \$28	Banff
Helicopter flight - Rockies (from 12 - 30 min)	from \$143	Banff
Big Canoe tour (1.5 hrs)	\$46	Banff
Via Ferrata (from 2.5 - 6 hrs)	from \$161	Banff