

**GO GREEN!** Rather than printing these notes, we suggest saving this PDF file on your smartphone. Not only is it more environmentally friendly, but it also means these notes are always at hand!

## Chinook Accommodated

### 2 days/1 night

*Heading west? Take in some amazing experiences along the way with our 2 day Chinook tour, which travels one-way from Banff to Vancouver through the diverse and stunning landscapes of British Columbia. Explore Western Canada from the tall peaks of the Canadian Rockies, through the vast desert lowlands in the Okanagan, and finish by the lush coastal rainforests in Vancouver. We stop at scenic viewpoints en route for great photo opportunities, hiking and swimming, and we take a guided tour of an Indigenous heritage site. Now that's how you head west!*



*Note: the Chinook is the final 2 days of the 8 day Caribou tour. Some of your fellow travellers will have been travelling together before you join them.*

### Highlights

- See why it's called Emerald Lake (take a guess!)
- Feel the power of Canada's second highest waterfall (380 m), Takakkaw Falls (seasonal)
- Enjoy the view from the Kalamalka Lake lookout
- Hang out in Kelowna, along Lake Okanagan. Watch out for the Ogopogo lake monster!
- Experience Indigenous history and culture at the Tuckkwiowhum Village heritage site
- Walk through the Othello Tunnels that were blasted into the cliffs of the Coquihalla Canyon

### What's Included

- 1 night mixed gender, hostel dormitory style accommodation
- Moose Bus transportation
- Services of a professional & fun tour guide/driver
- Guided tour of Tuckkwiowhum Village Indigenous heritage site
- 1 breakfast
- National Park fees

# Itinerary

## Day 1: Banff to Kelowna

We leave the Rockies today, but we'll go out with a bang, stopping at some of the most breathtaking scenic points in Western Canada. We will visit the Takakkaw Falls (seasonal), the pristine Emerald Lake and the Natural Bridge, as well as stopping for a photo at the stunning Kalamalka Lake viewpoint once we reach the Okanagan Valley. Here you will find beautiful sandy beaches on crystal clear lakes and plenty of sun-filled activities! Night time it's downtown Kelowna for a plethora of bars and nightclubs in this university city!

Note: during April/May and from mid-September onwards, we will visit Kootenay National Park instead of seeing Takakkaw Falls, Emerald Lake and the Natural Bridge.

Moose Accommodation: Samesun Kelowna

## Day 2: Kelowna to Vancouver

On our final day, we'll climb over a high mountain pass, travel along the Nicola Valley and enter the Fraser Canyon. Our main destination of the day is Tuckkwiowhum Village, an Indigenous heritage site, where we'll enjoy a guided tour and interact with a Traditional Knowledge Keeper. We'll then continue down the canyon to Hope, where we'll explore the Othello Tunnels on a magical walk across bridges and through old train tunnels that cut through solid granite walls! The finale is near – we'll finish in Vancouver where it's all hugs and Insta handle swapping as you say goodbye to your Moose mates and head home – but armed with a whole bunch of amazing adventures to talk about!

Activity Inclusions: Guided tour of Tuckkwiowhum Village

Meal Inclusions: Breakfast at Samesun Kelowna

Moose Accommodation: There is no accommodation included tonight. You will need to make your own arrangements.

# Joining Your Trip

## Banff

We pick up from the following hostel locations in Banff on Day 1 of this tour. Please be ready and waiting in the hostel lobby 15 minutes prior to your scheduled pick up time.

Hostel Name	Pick Up Time	Hostel Address
HI Banff Alpine Centre	08:00	801 Hidden Ridge Way, Banff
YWCA - Y Mountain Lodge	08:10	102 Spray Ave, Banff
Samesun Banff	08:15	433 Banff Ave, Banff

**NOTE:** if you are staying anywhere else in Banff, you will need to make your own way to one of these locations.

## Finishing Your Trip

### Vancouver

On the final day of the tour, we drop off at all of the hostel locations in Vancouver listed below. If you are staying elsewhere, you will need to make your own way there from one of the below locations. Under normal circumstances, expect to be dropped off in Vancouver around 6:30pm.

Hostel Name	Hostel Address
HI Vancouver - Jericho Beach	1515 Discovery St, Vancouver
HI Vancouver - Downtown	1114 Burnaby St, Vancouver
Cambie Hostel on Seymour	515 Seymour St, Vancouver
Samesun Vancouver	1018 Granville St, Vancouver

**NOTE:** we strongly recommend that you DO NOT book onward travel on the final day of the tour, since traffic or other unexpected circumstances may cause delays.

## Accommodation

We know that a good night's sleep is important, especially after a busy day of travelling with lots of fun activities. We choose hostels and backpacker properties that offer budget value, as well as great facilities, and a welcoming atmosphere.

On an accommodated tour all your accommodation is included for the standard nights of the trip, at a Moose discounted rate. You'll be staying in mixed gender hostel dorm rooms. By staying in shared rooms you get a chance to meet more people, hang out with other Moose travellers, and have paid less than you would booking a private room or hotel.

**NOTE:** if you wish to stay in gender-specific dorm rooms, you can request this at the time of booking. Our hostel partners will try to accommodate your request, but we cannot guarantee it will be possible.

### Accommodation Locations

Day & Location	Hostel Name	Address	Phone Number
Day 1: Kelowna	Samesun Kelowna	245 Harvey Ave, Kelowna	+1 250 763 9814
Day 2: Vancouver	none <sup>1</sup>		

#### Notes:

1. You will need to make your own reservation for the final night of the tour.

## Do I Ever Need To Book My Own Accommodation?

You **ONLY** need to make your own reservation for your pre-tour nights in Banff & post-tour nights in Vancouver.

## Daily Departure Times

We depart from the included accommodation at the following times on each day of the tour:

Day & Location	Hostel Name	Departure Time
Day 1: Banff	See Joining Your Trip section above	
Day 2: Kelowna	Samesun Kelowna	08:00

## Meals

Your included meals are listed in the **What's Included** section above. Included meals do not include beverages, except for free tap water, and as such, you will need to purchase your own drinks.

Speaking of tap water, it's clean and safe to drink almost everywhere in Canada, unless specifically noted at the water facility. We strongly encourage you to bring a reusable water bottle that you can refill from a tap, rather than purchasing disposable plastic water bottles that contribute to pollution. A reusable coffee or tea mug is also a great idea!

To help you save money, we make grocery stops almost every day so you can self-cater, and all of the hostels we stay at have kitchens that are available for Moose use (that rhymes!) As such, you can prepare your own breakfast or dinner at the hostel if it's not already included. On occasion, your Moose guide may organize an optional group dinner, where you can choose to pitch in a few dollars, and then help with cooking or clean up. It's fun and inexpensive! Or they may suggest an optional group dinner at a good value local restaurant. On travel days, lunch will typically occur en route. Your Moose guide will either stop in a town where you'll have several options for lunch, or you will stop in the morning to pick up lunch supplies for a picnic in the wilderness later in the day. Remember, don't feed the wildlife!

We recommend budgeting approximately CAD\$20 to \$40 per day for non-included meals. Restaurants will be more expensive, and remember to account for Canadian tax (5%) and tip (15-20%). Note that alcohol in the Province of BC is also subject to an additional 10% tax.

## Transportation

Our buses are safe and comfortable mini-coaches, seating anywhere from 11 to 24 people. They have extra large windows for catching all the great views, air-conditioning and heating to keep cool or warm, and a sound system to keep the tunes rolling!

## Optional Activities

Why not enhance your trip by participating in one of the below adventure activities during your tour? No need to book ahead. Your Moose guide will give you more information during the tour. But please budget for them if you are interested!

The optional activities listed below are not operated by Moose, except for the free hiking, swimming and wildlife spotting activities. Moose arranges the activity as an agent of the local supplier. If you choose to participate in an optional activity, your contract will be with the activity provider and their conditions will apply. Some activities are seasonal, weather dependent, or require minimum numbers to participate.

**NOTE: the prices and activities listed below are approximate and subject to change.**

ACTIVITY	APPROX. COST (CAD)	LOCATION
Hiking, swimming, wildlife spotting	Free	Various locations